

GRAIN VALLEY PARKS & RECREATION

Fall KARATE 2023

Little Dragons Class

AGES 3 - 5 YEARS

Stranger danger is greatly emphasized. Classes are designed to improve coordination, instill self-esteem, and teach basic karate skills through games & age-appropriate activities.

4:15PM - 4:45PM
\$50.00 FOR 7 WEEKS

Beginning Karate Class

AGES 6 & OLDER

Promotes self-discipline, self-esteem, confidence, and academic excellence. All while teaching self-defense, sportsmanship, and fun.

4:45PM - 5:30PM
\$60.00 FOR 7 WEEKS

**CLASSES WILL BE HELD EVERY TUESDAY
STARTING OCTOBER 3 - NOVEMBER 21**



REGISTER



THE DEADLINE TO REGISTER IS TUESDAY, OCTOBER 3